

## **WHAT IS AN ARTHROSCOPY**

The word arthroscopy originates from a Greek word, artros (joint), and skopos (to see). In today's terms it is a procedure that makes it possible to see the inside of the joint and the spaces around the joint in order to identify damaged tissue and lesions and to treat them.

The arthroscope allows a surgeon to see an injury and to treat it through special small instruments. Arthroscopy requires small incisions and patients recover quicker and have a shorter post operative pain period as with open surgery. Patients are also capable of going home sooner after an arthroscopic procedure.

Arthroscopic surgery is an advanced surgical technique with little risks for patients and with excellent results.

Every year thousands of people are treated by arthroscopic surgery. When performed by an experienced orthopaedic specialist this innovating procedure can help to relief pain and improve quality of life.